

**Study of Hebrews #59**  
**"The Race of Our Lives"**  
**Text: Hebrews 12:1-2**

I. Introduction and review

II. Guidelines for the race: a disciplined strategy

1. Remember the faithful witnesses.
2. Remove everything that hinders.
3. Refuse the temptation to quit.
4. Run your race.

III. The focus of the race: a crucified and exalted King

1. His work
2. His endurance
3. His attitude
4. His exaltation

IV. Conclusion – a final word

## QUOTES

### 1. A. W. Pink:

- *The prime thought suggested in the figure of running the race set before us is not that of speed, but of self-discipline, whole-hearted endeavor, the calling into action of every spiritual faculty possessed by the new man.*
- *Each Christian has to decide for himself, by an honest searching of Scripture and an earnest seeking of wisdom from God, what are "weights" which hinder him.*

### 2. Kent Hughes:

*They are not live witnesses of the event, but "witnesses" by the fact that their past lives bear witness to monumental, persevering faith that, like Abel's faith, "still speaks, even though he is dead" (11:4).*

### 3. Al Mohler:

*God does not honor the saints of the Old Testament because they were passive. They were actively faithful. Likewise, God calls us today to a race that requires active faithfulness.*

### 4. William Barclay:

*[It is] unhasting and unresting, unhurrying and yet undelaying, which goes steadily on, and which refuses to be deflected. Obstacles will not daunt it; delays will not depress it; discouragements will not take its hope away. It will halt neither for discouragement from within nor for opposition from without.*

### 5. Al Mohler:

*Christianity is not a cult of hero worship. It is centered on the singularity of Jesus Christ. We are not here because of Abel, Moses, Abraham, or even those who were sawn in two or those who wandered the earth living in caves. The church exists because Jesus died and rose again, and the only way to endure is by looking to him. This great cloud of witnesses encourages and inspires us, but the One who keeps us in the race is Christ alone.*

### 6. Charles Spurgeon:

*Think of your Savior as your God, clothed with all power and authority. Surely this should urge you to quicken your pace, and never to become weary or faint. You began by looking to Him as a sufferer; persevere by looking to Him as a victor. "Have courage," said He, "I have conquered the world."*

## SUPPORTING SCRIPTURE:

- **Heb. 11:39-40; Heb. 8:6-7; Heb. 9:15; Heb. 11:27**
- **Rom. 12:1**
- **Gen. 4:7; Rom. 6:5-14**
- **1 Cor. 15:58; 2 Tim. 4:7-8**
- **John 1:1; John 1:14; Phil. 2:7-8; Heb. 2:10; 1 Pet. 3:18**
- **John 18:11; Matt. 16:24**
- **Rev. 3:21**